

Mitra Sumber Daya



Ang Guhit Kulay ay nabuo dahil nakita naming maraming intresadong matutong gumawa ng sining. Dati kasi apat lang kaming nag art jam sa parks. Then noong binigyan kami ng Enrich ng break na mag exhibit "Beyond Myself" noong 2018, doon dumagsa ang mga gustong sumali. Kaya hanggang sa kasalukuyan ay nagpapatuloy pa rin kaming nag encourage sa mga gustong sumali sa grupo. Sa totoo lang, napakaraming mahuhusay na Pinoy artists dito, kailangan lang nila ng help mag shine. Sa nakalipas na taon kanya kanya lang kami sa pagpinta sa sarili naming maliit na espasyo, nakatulong ang paggawa ng sining para malibang sa kabila ng matinding lungkot.



/GuhitKulayHK

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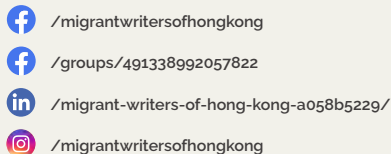


The Migrant Writers of Hong Kong was established in March 30, 2021 by Co-founders Maria Nemy Lou Rocio, Ailenemae Ramos and Liezel Fernandez Marcos. Their passion in writing and commitment to serve their fellow helpers led them to create this space.

The Migrant Writers of Hong Kong is a social and virtual platform where individuals from around the world can freely share their emotions and thoughts through creative writings such as poetry and narratives. We aim to foster a nurturing and inclusive environment for all migrant writers in Hong Kong.

Our Facebook group is open to all who love writing and reading. We have our daily segments that challenge one not only to write but also aims to strengthen the literary bonding and camaraderie within the members of the group. We also feature different forms of self-expressions such as arts and photography through collaborations with different collectives.

The Migrant Writers of Hong Kong believes that writing could contribute in maintaining a healthy mind and body which is very important while working away from our loved ones.



/migrantwritersofhongkong

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HelpBridge
The mobile companion
for migrant workers



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helpbridge.co

HelpBridge is a social impact startup that provides a free-to-use mobile information sharing platform for Hong Kong's migrant domestic workers. Our app provides an all-in-one digital space for migrant domestic workers to ask questions, access advice from non-profit and government organizations, read original and informative content, and register for community events.



We imagine a world in which, through photography, women from all over the world can express themselves freely, fulfill their aspirations, and be represented in a dignified way. And this is a world that we, as interconnected human beings, can build together. Join us in changing lives of women, one camera at a time. Therapeutic photography is also a proven counselling technique to overcome social isolation.

The past three years since the start of Covid, many of us have faced disruption, distress and isolation which adversely impacted our mental wellbeing. The situation is even worse on marginalised groups. Photography is not a cure-all, but definitely it provides a journey to stop, observe, click, reflect and share, as well as a chance to create a moment of solitude, a place of sanctuary and an outlet to be heard.



/lensationalOrg

www.lensational.org



At OkayMinds, we empower individuals and communities to bring mental health at forefront by prioritizing to deal with emotional and social concerns, needs, and challenges using different approaches. By learning and utilizing OkayMinds approaches people will achieve their full potential both at personal and professional life resulting in, better work-life balance, meaningful relationships and higher productivity.



/okayminds

www.okayminds.com



Enrich was founded in 2007 by a group of development workers and a finance professional who were motivated to do something to address the urgent needs of migrant domestic workers in Hong Kong for which there was little support available. Our workshops, initially held in living rooms and coffee shops, proved to be very popular and demand grew. In response, we expanded our services, offering mentoring sessions and entrepreneurship workshops in 2010, starting confidential financial counselling services in 2013, and opening our own training centre in 2014. Today, Enrich has become Hong Kong's leading educational organisation promoting the economic empowerment of migrant domestic workers, contributing to the Hong Kong Strategy for Financial Literacy. In 2019, Enrich was granted the 'Financial Education Champion' Award by the Investor and Financial Education Council.



/enrichhk.org

www.enrichhk.org

Mitra Summer Day



The Domestic Workers Corner intends to help foreign domestic workers in need, especially those whose contracts are terminated prematurely, and those facing personal problems. If necessary, Domestic Workers Corner will refer the worker for assistance to Government or Non-Government Organisations. From time to time, the group will also ask resource speakers to talk to members about Hong Kong's laws, particularly in regards to their rights and obligations as FDWs.

 /DWCornerHK

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